

Health and wellbeing policy for Beanstalk Innovation

<p>Mission statement</p> <p>Beanstalk Innovation:</p> <ul style="list-style-type: none"> • is committed to providing employees with a safe, healthy and supportive environment in which to work • recognises that the health and wellbeing of our employees is important • will commit to providing a supportive workplace culture where healthy lifestyle choices are valued and encouraged.
<p>Objectives and strategies</p> <p>Beanstalk Innovation will:</p> <ul style="list-style-type: none"> • encourage employees to be more physically active by making provisions in the workplace for activity opportunities (including reducing sitting time where practical) • provide healthy eating choices in the workplace through addressing healthy physical settings, food supply and education • educate employees around safe alcohol consumption and the health effects of smoking • promote awareness of key health issues for employees (including social and emotional wellbeing) • encourage employees to provide input into health and wellbeing initiatives.
<p>Scope</p> <p>This policy applies to:</p> <ul style="list-style-type: none"> • all employees at Beanstalk Innovation.
<p>Responsibility</p> <p>Employees are encouraged to:</p> <ul style="list-style-type: none"> • understand this policy and seek clarification from management where required • consider this policy while completing work-related duties and at any time while representing Beanstalk Innovation • support fellow employees in their awareness of this policy • support and contribute to Beanstalk Innovation’s aim of providing a safe, healthy and supportive environment for all employees. <p>Managers have a responsibility to:</p> <ul style="list-style-type: none"> • ensure that all employees are made aware of this policy • actively support and contribute to the implementation of this policy • manage the implementation and review of this policy.
<p>Communication</p> <p>Beanstalk Innovation will ensure that:</p> <ul style="list-style-type: none"> • all employees receive a copy of this policy during the induction process • this policy is easily accessible by all members of the organisation • employees are informed when a particular activity aligns with this policy • employees are empowered to actively contribute and provide feedback to this policy • employees are notified of all changes to this policy.

Monitoring and review	
Beanstalk Innovation will review this policy {six/twelve} months after implementation and annually thereafter.	
Effectiveness of the policy will be assessed through:	
<ul style="list-style-type: none">• feedback from employees, the Health and Wellbeing Committee/working group, and management• review of the policy by management and committee/working group to determine if objectives have been met.	
Name {e.g. Health and Wellbeing Coordinator}:	Manager {e.g. CEO, General Manager}:
Signature:	Signature:
Date:	Date:
Date of next review:	